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THINGS

TO DO BEFORE you're 2

1. Play beside my friends in the park
2. Hand my friend a stick
3. Walk barefoot on the grass
4. Throw my friend a ball
5. Cuddle my sand pit buddy
6. Show Mum or Dad something I found outdoors
7. Cheer at older kids playing in the park
8. Run and jump in puddles
9. Point to my muddy feet
10. Put on my hat to go outside
11. Drink from my water bottle after playing outdoors
12. Take one soft friend from my room on an adventure outdoors
13. Try and catch some rain with my tongue
14. Play with the running water from a hose
15. Explore more of my backyard
16. Walk hand in hand with someone I love along the beach
17. Look for a lady bug
18. Point at the swings to tell Mum or Dad I want to have a go
19. Say YES when it is time to give someone else a turn on the swing
20. Go down a slide on my Mum or Dad's lap
21. Go down a slide holding my Mum or Dad's hand
22. Explore the picnic area where Mum and Dad are sitting
23. Get excited when playing with my friends at the park
24. Scream when it is time to go home after playing outdoors
25. Show Mum and Dad where a tree is when they ask
26. Share my bucket and spade with other kids at the beach
27. Say 'park', 'slide', 'tree' and 'swing'
28. Kick the ball in the backyard and then chase it (and kick again)
29. Climb the steps on the slide
30. Sit or roll in autumn leaves
31. Look at a book on the lawn under a tree
32. Go for a walk with someone I love around the block
33. Go for a walk with someone I love in the park

