Things to do in autumn

1. Dance, jump and play in a pile of leaves.
2. Discover nocturnal animals (night animals) that live around you. Head out with a torch and shine it up into the trees and you may see some glowing eyes from the active night animals.
3. Draw a street map after a stroll around the neighbourhood.
4. Spell out your name using things in nature.
5. Paint with objects you find outside (sticks, leaves and seeds) instead of paint brushes.
6. Gather some kitchen equipment and utensils from an op shop (saucepans, lids, wooden spoons etc) and make some drums or a musical mobile!
7. Put on a family concert where everyone in the family performs.
8. Make a magic nature wand.
9. Go on a colour walk! Take a walk in your neighbourhood or a local natural place, collecting as many different colours as you can, or pick a colour and see how many things you can find in that shade!
10. Take some books outside and read under a tree.
11. Visit a community garden.
12. Adopt a tree! Choose a tree to monitor for the year. Check on it once a month. What do the leaves look like? What about the bark? Are there signs of wildlife? Are there plants that live near or on it?
13. Help wash the family car. Get out the buckets, sponges, and bubbles and have fun getting the car and yourself soapy.
14. See how many bugs and critters you can find in one expedition.
15. Start a rock collection.
16. Make a mini outdoor shelter for the Easter Bunny.
17. Go outside on a windy day with a paper aeroplane and see how far the wind takes it.
18. Roast your first marshmallow for the year over an open fire.
19. Use a smart phone or recording device to record sounds you hear in nature.
20. Choose a plant or animal that you see. Pretend you are that animal and write a letter to someone. If you have a friend with you, write to each other!

Remember to get permission if you go out on your own, and take a drink bottle, sunscreen, and a hat!