1. Sit on a rock with my feet in the water
2. Drag a stick and make patterns in the sand
3. Dig in the garden
4. Look for a worm
5. Start to learn to swim
6. Go fishing
7. Sleep in a tent in the backyard or go camping
8. Take an evening walk with Mum / Dad
9. Go to the zoo
10. Watch birds swim in the lake
11. Run through a sprinkler with a friend
12. Look for shapes in the clouds
13. Roll down a hill with friend
14. Make a rock pile
15. Look at the grass / a flower with a magnifying glass
16. Get my first splinter
17. Look for a crab at the beach
18. Play in a cardboard box in the backyard
19. Build a sandcastle
20. Take turns riding a trike with a friend
21. Chase a butterfly
22. Stand in the rain and feel it on my skin
23. Watch a leaf float on the water
24. Stay up late to see the moon, stars and night sky
25. Play in the mud
26. Cry when someone won’t let me have a turn on the swings
27. Hang from a low lying branch of tree
28. List all my friends who I like to play with at the park
29. Have a birthday BBQ at the park
30. Share my ball with my friends
31. Cuddle my friend who has hurt themselves while outside playing
32. Scrape my knee
33. Make new friends at the park